



## Health & Dental Care Options for Uninsured Families In San Mateo County

Provided as a courtesy by the Family Resource Center at Community Gatepath

### **Arbor Free Clinic**

Offers free medical care for low-income and homeless persons every Sun., 11:00 a.m. – 2:00 p.m.

Sundays 650-493-5000 x 22222

Weekdays 650-724-1332

795 Willow Rd, Menlo Park

### **Foothill College**

#### **Dental Hygiene Clinic**

Provides dental hygiene services and x-rays at low cost

12345 El Monte Rd., #5312, Los Altos Hills, 650-949-7335

### **Ravenswood Family Health Center**

Offers dental and comprehensive health care services for all ages

1798-A Bay Rd., East Palo Alto, 650-330-7400

### **Ravenswood Family Health Center at Belle Haven**

Offers dental and comprehensive health care services for all ages.

100 Terminal Ave., Menlo Park, 650-321-0980

### **RotaCare Clinic Coastside**

225 S. Carbillo Hwy., #200-A, Half Moon Bay

Offers basic medical care and medications to children and adults without health insurance.

Wed., 5:00-7:30 p.m.

### **RotaCare Clinic Daly City-Colma**

Seaton Medical Center

1900 Sullivan Ave., Daly City

Offers basic medical care and medications to children and adults without health insurance.

Mon., 5:00-7:00 p.m.

Visit Us, Call Us or Go Online:

Niall P. McCathy Center for Children & Families

1764 Marco Polo Way

Burlingame, CA 94010

P | 650.259.0189

F | 650.259.0188





**Samaritan House, Inc.**

Redwood City Free Clinic

Free non-emergency, primary care and dental services for uninsured, low-income persons.  
114 5<sup>th</sup> Ave., Redwood City, 650-839-1447

**Samaritan House, Inc.**

San Mateo Free Clinic

Free non emergency, primary care and dental services for uninsured, low-income persons.  
19 W. 39<sup>th</sup> Ave., San Mateo, 650-578-0400

**San Mateo County Health Department**

Edison Clinic

Full-service HIV specialty clinic

222 39<sup>th</sup> Ave., San Mateo, 650-573-2385

**San Mateo County Health Department**

Mobile Clinic

Free health screenings, immunizations, family planning for low-income and homeless people.

650-573-2786

**San Mateo Medical Center**

Emergency Services (Medical)

222 39<sup>th</sup> Ave., San Mateo, 650-573-2671

**San Mateo Medical Center**

Emergency Services (Psychiatric)

650-573-2662

**39<sup>th</sup> Ave Health Clinics**

Full-service specialty outpatient clinics

222 39<sup>th</sup> Ave., San Mateo, 650-573-3702

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**Coastside County Clinic**

Adult primary care Mon., 8:30 a.m. - 4:30 p.m.  
Ob/gyn care Thu., 8:30 a.m. - 4:40 p.m. and Fri., 8:30 a.m. - noon.  
225 Cabrillo Hwy., #200A, Half Moon Bay, 650-573-3941

**Daly City Clinic**

General family medical services  
380 90<sup>th</sup> St., Daly City, 650-301-8600

**Daly City Youth Health Center**

2778 Junipero Serra Blvd., Daly City  
For youth ages 13-21 years.  
650-985-7000

**Fair Oaks Adult Clinic**

Internal medicine, primary care and some ob services.  
2710 Middlefield Rd., Redwood City, 650-364-6010

**Fair Oaks Children's Center**

630 Laurel St., Redwood City, 650-261-3710

**Methadone Clinic**

795 Willow Rd., Bldg. 332, Menlo Park, 650-578-7190

**Sequoia Teen Wellness Center**

Provides medical services to youth ages 12-21 years.  
200 James Ave., Redwood City, 650-366-2927

**South San Francisco Health Center**

General family medical services.  
306 Spruce Ave., SSF, 650-877-7070

**Willow Clinic**

Family practice, gynecology, prenatal care and pediatrics, AIDS services, mental health counseling, optometry and dental services for kids.  
795 Willow Rd., Bldg. 334, Menlo Park, 650-599-3890

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**Sonrisas Community Dental Center**

Provides affordable dental care for low-income residents of the Coastside who are uninsured or have Medi-Cal. Accepts Health Families and Healthy Kids under age 19.  
210 San Mateo Rd., #104, Half Moon Bay, 650-726-2144

**UCSF School of Dentistry**

Low-cost dental care available to anyone by appointment.  
707 Parnassus Ave., San Francisco, 415-476-1891

**University of the Pacific**

Arthur A. Dugoni School of Dentistry  
Low-cost dental care available to anyone  
2155 Webster St., San Francisco, 415-929-6400

**Planned Parenthood Golden Gate**

2211 Palm Ave., San Mateo  
A medical clinic for women, men and teens that specializes in reproductive health concerns for little or no-cost.  
1-800-967-7526

**San Mateo County Public Health**

Adolescent Family Life Program  
In-home case management provided by public health nurses and community workers for pregnant and parenting teens.  
225 37<sup>th</sup> Ave., San Mateo, 650-573-2501

**Prenatal Advantage Black Infant Health Project**

Referrals, education and support for pregnant African American women and fathers.  
2415 University Ave., 2<sup>nd</sup> Floor, EPA

**Health Insurance Plans**

Some US Citizens and Nationals must prove citizenship and identity for Medi-Cal  
Medi-Cal pays for all or part of medical expenses for eligible low-to-moderate income families, individuals and pregnant women. Apply through the Human Services Agency regional offices.

**Health Tele Center**

1-800-223-8383

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**Health Plan of San Mateo**

A locally managed health care program for Medi-Cal and Medicare recipients  
1-800-750-4776

**Healthy Families Program**

Low-cost insurance for children and teens. Provides health, dental and vision coverage to children who do not have employer-sponsored insurance and do not qualify for no-cost Medi-Cal.  
1-800-880-5350

**Healthy Kids**

Health coverage for children ineligible for Medi-Cal or the Healthy Families Program.  
650-573-3595

**Health Education**

**El Concilio of San Mateo County**

Provides health education in a cultural and linguistically appropriate manner to Latinos.  
1419 Burlingame Ave., Suite N, Burlingame, 650-373-1080

**Private Insurance Options**

If you can afford to pay privately for your own insurance you may want to contact an insurance broker or look in your local phone book under health insurance.

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